



THE SLINKY (R3x32) 3C Set

Chris Ronald Formation Foundations

- 1- 8 1s+2s+3s set, cross passing RSh; repeat back to places
9-16 1s+2s Set+Link & dance 4H round to the left to finish on sides 2s facing down & 1s facing up. 2 1 3
17-24 2s+1s+3s dance RSh parallel reels of 3 on the sides. 2M, 1M & 3L finish by dancing long way into place
25-32 1s+3s Set+Link then circle 4H round to left

Note: Can be danced as a Strathspey, a Reel or a Jig

SUPER SLINKY (R3x32) 3C Set

Chris Ronald Formation Foundations

- 1- 6 1s cross RH, cast (2s step up), cross LH & face out
7- 8 1s 1/2 turn 3s (Men LH, Ladies RH)
9-16 2s+3s+1s dance mirror reels of 3 on the sides (1s in/up, 3s out/down)
17-24 All turn partner RH (4 bars) & chase 1/2 way to opposite sides 1 3 2
25-32 1s+3s+2s dance Set+Link for 3 couples twice. 2 3 1

Note: Can be danced as a Strathspey, a Reel or a Jig